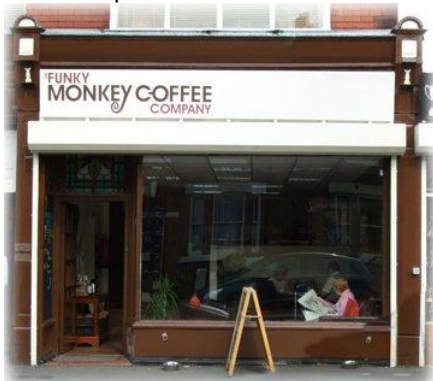


GREAT MOOR & DISTRICT WI NEWSLETTER APRIL 2012

REMINDER OF UPCOMING EVENTS

- **Coffee afternoons for April and May**

Our next 2 coffee afternoons will be Wed 18th April and Wed 16th May from 2.00pm at the Funky Monkey in Davenport.



We welcome any members to come and join us for a chat and drink on Wed 18th April.

- **Meals out**

11 of us enjoyed a Thai meal at the Siam Village on Friday 13th April.

Our next destination is India; we are going to try The Khandoker restaurant in Bramhall on Friday 11th May.

These are most enjoyable evenings so please join us if you can. Please sign the sheet if you would like to go.

- **Book Club**

11 of us met to discuss 'Other People's Money', by Justin Cartwright. It received 4.4 out of 10 with scores ranging from 3 - 6. 'Shadow of the Wind' by Carlos Ruiz Zafon still holds our highest score of 8.3

Next month's book is Luke and Jon, a debut novel by Robert Williams. Due to the bank holiday we will be meeting on the 30th April at 6:45.

- **Craft Group**

The last craft group meeting in March was an opportunity for members to work on individual pieces and share ideas.

Please note the April meeting will not be on Tues 17th April but on **Thursday 19th April** at Sue's house. May's meeting will be on Wednesday 16th. For those attending in April the group will be doing Iris Folding so scissors and sellotape will be required.

- **Walks**

Sunday 15th April saw 7 of us meet at the Miner's Arms, Higher Poynton and walk to Bollington for a very relaxed lunch at 'The Vale' and then back along the Middlewood Way. The weather was great and an enjoyable day was had by all.

We would like to know if there is interest in early evening walks now that the days are drawing out. Please sign the sheet if interested.

If interested in any of these events, please sign the relevant sheet at the next meeting.

- **Cake Competition! 24th April** This was a popular event the last time we held it. For those of you new to the group or who need a reminder – bring along a home-baked cake and enter it into our fun competition. Each entry will be anonymous and have a labelled cup in front of it. Members then get to try all the cakes and vote for their top three. 1st choice gets 50p in its cup, 2nd choice gets 30p and 3rd choice gets 20p. The winning cake is the one with the most money and the winner gets half the proceeds!

Last year's winner has left so there is a chance for everyone!! For anyone concerned - all calories consumed can be burned off by hula hooping!

- **Fundraising 3 course meal at Davenport Tennis Club Saturday 28th April**
This event has proved extremely popular and is fully sold out with 40 signed up for what should be an excellent evening. As it is one of our main fundraisers we would be grateful if anyone can donate prizes that can be raffled on the evening.

UPDATE ON EVENTS DURING LAST MONTH

- **Cinema/Theatre group**

The Cinema/Theatre group has not been as active this month but we have several events to look forward to. 9 members have booked to see 'The Odd Couple' at the Garrick Theatre in May and we have confirmation of our booking for 14 of us to see 'Kiss me Like you Mean it' at Poynton Players on the 16th May. We were unable to get a group booking for 'Brassed Off' put on by the Carver Theatre as it was almost sold out. But we will look out for future productions from them. We are planning to see 'The Artist' at the Plaza on Friday 27th April so there is still

time to sign up for this at the next meeting. We now have 27 members signed up to be on the mailing list for Cinema /Theatre visits and 3 prospective members!

If you would like to be included in the Cinemas/Theatres group please e-mail Alia to add your name to the list.

Please remember that anyone in the group can instigate a cinema/theatre visit by emailing the group with a suggested film/play, date and time. If members 'reply to all' then those that are interested but are not free to go at the proposed time could liaise with others in a similar position.

If you're interested in going to the Cinema/Theatre, then do join this group.

- **PAL Meeting – sleep and memory 23rd March**
Christine Gilligan is our PAL representative and she attended the meeting with 2 other members. The speaker was Dr Penny Lewis from the school of Psychological Sciences at Manchester University. She gave an informative talk about the stages of sleep with the 'slow sleep stage' being linked to memory. Apparently the best time for this is one hour before midnight and 2 hours after. The optimum time for a 'power nap' is six minutes to lead to memory enhancement. Tips for enjoying a good night's sleep were to sleep in a dark room at a temperature of about 16-18 degrees, to have a hot bath before bed and a supper of banana/ muesli.

THINKING AHEAD – May, June and July

- **Diamond Jubilee Afternoon Tea – 14th May**
We have had an invite from Moor End WI to a Diamond Jubilee Afternoon Tea at 2.00 pm on Monday 14th May at Mellor Parish Church. The cost is £6.
Please sign the sheet if interested
- **VIP visit to the Lakeland Store Thursday 24th May 5.30 – 8.00pm**
We have received an invite to attend this event at the Lakeland store in Handforth to celebrate the Jubilee. Please sign the sheet if interested.
- **Cheshire Show 19th & 20th June - Show Committee**
The next meeting for the Cheshire Show Craft group is on Weds. April 25th, 7.30pm at Sue's home. We have entered in 2 team classes as well as individual entries.
For our first entry we have chosen hats to link Stockport with 'Made in Britain', and 3 hats will make up the exhibit. Our second entry is to 'Team spirit' to use 'Women's Team Spirit - WI'. Our display will consist of knitted breasts, 2 cup cakes, and a jar of jam.

To open up the competition to all members we are asking anyone to bring cupcakes to the cake competition at the next meeting, we can then choose entries for our display.

Tickets are now on sale for those of you who plan to visit with a slight discount for advance purchase. Please see Lorna H if you wish to order any tickets.

- **Outing to Harlow Carr – 21st June**

We are planning an outing to Harlow Carr Gardens on 21st June 2012. 9 members have signed up so far -the cost of the trip is £20, inclusive of transport for non RHS, or £13 for RHS members. Please sign the sheet if interested

- **Visit to 'The Heath House' – 28th July**

13 members have expressed an interest in a visit to Heath House on Sat 28th July. Please see the February Newsletter for information on this or visit <http://www.theheathhouse.co.uk/>

If you are interested in going please sign the relevant sheet.

NATIONAL FEDERATION OF WI (NFWI)

- **Olympic sports event for WI**

As reported in the last newsletter the NFWI is holding an event called 'Big Walk, Little Splash'. The target this year is to complete 209 miles in a combination of walking and swimming with as great a percentage of membership participating as possible.

With this in mind can we ask members to log details of their walks or swimming, so that we can get as many members as possible included in this venture. We also plan to organise a short walk at a meeting to engage as many members as possible. Date for participation is 1st April to 16th September.

CHESHIRE FEDERATION OF WI'S (CFWI) UPCOMING ACTIVITIES/EVENTS/NEWS

The CFWI have a number of activities/events over the next few months that may be of interest to members.

- **Annual council meeting Tuesday 13th March**

Minutes for this meeting will be posted on the notice board for your perusal.

- **New Members' Meetings - 3rd May or 17th May**

For any new members who would like to find out more about the organisation, there are two meetings at WI House. There is either the 3rd May at 10:00am or the 17th May at 7:00pm. A tour of WI House is also included. See Lorna H for further details.

NORTH EAST CHESHIRE GROUP

- **Fun day Alternative Olympics - 9th May**

On Wed 9th May, 10.30 am – 4.00 pm, there is a chance to enjoy lots of activities by either taking part or just as a spectator!! There will be Boules, Skittles “Kurling” Putting, even Tai Chi, Zumba & Pilates plus lots more. £5.00 per ticket which includes tea coffee and a piece of cake. Please sign the list if interested.

- **CFWI County Walks – Wednesday 16th May**

Connahs Quay, Flintshire, in Wepe Park and surrounding area including Ewloe Castle, post code CH5 4HL, 1 mile from Queensferry. Choice of walks 4 miles or 6.5 miles. Good footwear required, a few stiles. To reserve a place contact Carol Cranny 01244 881274 or Margaret Reade 01244 880619 after the 1st May

- **Afternoon Tea - 11th July**

Take the opportunity to celebrate the Jubilee with Afternoon Tea at Antrobus Village Hall, on Wednesday 11th July, 2 – 5 pm. Tickets cost £6.00. Why not go dressed for the occasion in party frocks & fancy hats! Please sign the list if interested.

- **Celebrating Archive Year 2012**

2 Workshops have been arranged on 12th July at WI House 10.30am-12.30 pm or 7.30pm-9.30pm. Paul Newman and Lisa Greehaigh from the County Record Office will be attending to offer help and advice to the questions ‘What is an archive?’ ‘Why keep archives?’ ‘Where are your WI archives kept and what have you got in them?’ ‘Where should WI archives be kept?’ ‘How should they be kept and by whom?’ Cost is £3 per person and drinks will be provided. If interested please see Lorna Hough or sign sheet at next meeting.

An exhibition of WI archives will be held in October 2012.

- **Resolutions Submission** – Any member who wishes to submit a resolution to be considered for inclusion on the Agenda for the Cheshire Annual Council Meeting in March 2013 should complete a form detailing reasons for submitting the resolution and any research done. Forms need to be in by 2 July 2012. Please speak to Lorna H if interested.

- **Celebrating the Centenary - Survey for WIs.**

The WI will celebrate its centenary in 2015 and is surveying members as to how to mark the occasion. Look out for and complete the survey at the next meeting to make your opinion heard.

- **Future events**

4 of us will be attending the Spring meeting – Wed April 18th, taking our handmade sheep along. Our task is to welcome visitors.

Autumn meeting – No details as yet but is on wed Oct 17th at 2.00 pm.

The Annual trip out is now booked for 12th July. Cost is £10.50 under the heading ‘Brief Encounters’. A coach trip to Cartmel; Brief Encounters visitor centre / café at Carnforth Station: Morecombe Bay art deco hotel (where an optional afternoon tea can be obtained). Coaches leave Woodford Centre at 9.00am. Unlike the Spring and Autumn meetings these trips out are open to friends, not just WI members. Please see details on notice board and speak to Judith M if you are interested.

HOSTESS ROTA

This month’s hostesses are Maddy F & Linda S. Please could the hostesses liaise with each other to bring 4 pints of milk (the cost will be reimbursed on production of a receipt), and tea towels. We have a number of volunteers for the next few months but we still need volunteers for the latter half of 2012, so please can you sign the ‘hostess sheet’ which will be available at the next meeting.

Next 3 MONTHS’ PROGRAMME FOR 2012

- April 24th** : ‘Hula Hooping & Cake Competition’. Julie Brown (Don’t forget to wear something appropriate for the Hula Hooping!!!)
- May 22nd** : ‘Resolutions Meeting & Small Garden Demo’ Lomax Nursery
- June 26th** : Sheila Rydz from the RSPB

TRADE TABLE

We are hoping to make the Trading Table more enticing, exciting and extraordinary this year.

We still welcome any items you want to include on the Trading Table but we also have a monthly ‘**Themed Collection**’ for each meeting. Your suggestions are always welcome.

This month’s theme will be - **ANYTHING GOES** – we are hoping to improve our stock of goods, so ladies give it some thought and bring along anything you think would be useful to someone else.

Items left from previous months will still be available for sale and spare change will continue to be collected in the same payment box for our charity BEECHWOOD.

Many Thanks - Christine

BEECHWOOD - OUR CHARITY FOR 2012

- A few of our members helped out at Beechwood's Easter Fair on the 31st March. A sum of £1750 was raised on the day. Coming events that members may be interested in are 'Charity Chic' on Friday April 20th This is advertised as 'High Street fashion at a fraction of the cost' Tickets are £5.50 available from Beechwood Cancer Care. A Curry and Quiz night will be held on Sunday May 20th. If members are interested in putting a team of 4 together see details on our notice board at next meeting. The complete calendar of events organised by Beechwood will be on our notice board and any WI members are welcome to take part. Beechwood not only helps cancer patients and families but also people with Parkinson's and dementia.
- One of our members, Jane L is in a choir called Carillion that are doing a charity concert in aid of Wellspring on 21st April at Bramhall Methodist Church. It celebrates the Queen's Birthday and her Jubilee. Starting at 7.30 the tickets will be about £5.00. Please see Jane for further information.
- Sadly one of our members' grandson was recently stillborn. Members and their friends or family are welcome to attend the following event.

You are invited to a charity event in memory of

TOBY JAMES

Money raised will be in aid of the
SANDALWOOD SUITE at STEPPING HILL
via the Stockport NHS Foundation Trust
Charitable Fund

AFTERNOON TEA

will be served on

**Friday, May 11th between 3.30pm and 5.30pm
at DAVENPORT TENNIS CLUB**

Flowery Field, Woodsmoor SK2 7ED

where donations to the fund will be collected

**Toby James was born asleep
on 6th February 2012 in Stepping Hill Hospital**

RECIPE FOLDER Don't forget to have a look at this which is available on the Trade Table. Could members please bring along a few copies of your favourite recipes for others to share.

BIRTHDAY WISHES

We would like to wish Christina M 26th April, Carol S 30th April, Trish H 2nd May, Vera J 5th May and Judith M 10th May a very happy birthday, have a lovely day ladies.

If you would to be included in our birthday wishes please let Trisha W know the date and month of your birthday, by either e-mail or at the next meeting.

The next meeting is on Tues 24th April at the Hazel Grove Civic Hall. All members and visitors can sign in from 7.15 pm, for a prompt 7.30 pm start. If

possible could the greeters try and arrive early (i.e. before 7.15 pm) to welcome all new visitors/ members.