

# GREAT MOOR & DISTRICT

NEWSLETTER FEBRUARY 2016

## NEWS AND UPDATE ON EVENTS DURING THE LAST MONTH

Our January meeting saw us welcome physiotherapist Lindsey Anderson who came to talk to us about keeping healthy. She explained how physio had changed over the years and then went onto talk about things we could do to help us look after our health. She had us all up out of our seats without using our hands and



then sitting down again without 'squashing the chick', asking us to build this in to our normal day to build up strength. Many members asked questions relating to their own health which she kindly answered and in some cases recommended exercises which might be beneficial.

## NEWS AND DATES FOR THE DIARY

**COFFEE AFTERNOONS** Do join us on Wed March 16<sup>th</sup>, for a tea, coffee, maybe a bite to eat, and plenty of chat. Meet at the Funky Monkey Davenport @ 2pm

## ROUND THE WORLD MEALS

February's meal was at the Jasmine House on the A6 in order to celebrate the Chinese New Year. 6 ladies enjoyed the company, albeit if the room was a bit cold initially. (due to something burning in the kitchen and the need to clear the air!). The round tables are great for sharing and for conversation. Fortune cookies finished the evening off nicely.

Our next RTW meal will be on the 4<sup>th</sup> March when we will visit La Cuerva in Cheadle Hulme. A few of us have been to this Tapas Bar before, it is worth a visit. Sign up at the February members' meeting if you would like to go and Susan Turner will email to confirm the booking and advise of any deposits needed. Remember if your plans change to let the venue know yourself and advise Sue.

**LUNCH CLUB** February's lunch was at Turquoise in Cheadle. Everyone agreed the meal was very good value



and very tasty. The restaurant was busy so we did have to wait but it was worth waiting for.

March's lunch will be on Wednesday 9<sup>th</sup> March at La Casetta in Cheadle

Hulme. Please sign the sheet at the next meeting if you would like to go.

**BOOK CLUB** If anyone would like to join the book group which usually meets on the first Monday of the month at the Shady Oak at 7pm let Marjorie know or just turn up in March. At the February meeting we discussed *The Knitting Circle* by Ann Hood. The book scored 5 with reactions to it varying with some feeling it too depressing with others enjoying the back stories of each character. The book we are currently reading to be discussed on Monday 7<sup>th</sup> March is *Afterwards* by Rosamund Lupton.



**CRAFT GROUP** Our 2016 programme of craft events is listed on the website. At the February craft meeting 9 ladies met at the Shady Oak and knitted chicks for charity. These will be on sale to members at the February meeting with



funds going to SWA. (If you have made any at home please remember to bring them along to the February meeting). Any remaining unsold will be donated to

Francis House for sale. If you have any eggs you can donate for filling the chicks please bring them along. We also continued to add



twiddly bits to the Twiddle Mitts which took more time than we had available at our February Knit & Natter. Our March meeting will be held at the Shady Oak in Bramhall on the 16<sup>th</sup> March when we will be using Dip It Fantasy Film Resin to make flowers, jewellery and other decorative objects. We

will be making small flowers and leaf shapes that are then dipped and arranged into a corsage or nosegay. More information at the members' meeting.

**KNIT AND NATTER** The Knit and Natter group meets on the 2nd Wed in the month at 'The Shady Oak', Redford Drive, Bramhall, SK7 3PG from 7:30pm onwards. Either turn up on the night or contact Nicole for further details or help with getting there. The next meeting will be on the 9<sup>th</sup> March. Bring along any project you are working on. Perhaps your individual entry for the Cheshire Show?

**CHESHIRE SHOW** This year's Cheshire Show is on the 21<sup>st</sup> and 22<sup>nd</sup> of June. Nicole has put details of classes you can enter onto the website. There are classes for novices to enter and for those more experienced members. There are also opportunities to help at the show which will earn you a free entry ticket. If you are concerned about getting your entry to the show or would like more information, speak to Trish Hall

**GAMES NIGHT** Mon 15th Feb 2016 saw only 5 people this month but as usual we had a fun time. We tried out a new board game called Logo Grab which involved memory, dice that jingled and trying to gain two sets of cards before anyone else! We also had a game of Round Britain Logo, which we played in teams. This was less about geography and more about general knowledge but all agreed it was good fun.



We usually meet on the 3<sup>rd</sup> Monday of the month at the Shady Oak at 7:30pm. The evening is for everyone who enjoys an evening of entertainment and laughter. Nothing too long or mentally strenuous! If you have a game to share, you can bring it and teach us. For further information contact Chris and Jane.

The next meeting is: 21<sup>st</sup> march 2016

**WALKS** February's weekday walk on Tuesday 2<sup>nd</sup> was to Alderley Edge. It was blustery and threatened rain when we set off but we all enjoyed following the orange markers on our walk around Alderley Edge. Even the very muddy sections didn't put us off and we enjoyed the clear view of Manchester and beyond from Castle Rock.



February's weekend walk on Saturday 20th February was to Wincle and the River Dane. Leaving the cars at the pub we

crossed the first of 13 stiles, numerous, 'squeeze throughs'



'kissing gates' and muddy paths on a circular walk. Sometimes rainy we all got very muddy but cleaned up and dried off at the pub for lunch. Both walks are enjoyable events, not too strenuous, and always interesting. Do join us for some gentle exercise, good company, and of course cups of tea/coffee!! Next month our weekday walk is on the 4<sup>th</sup> March to Lyme Park and our weekend walk is the 20<sup>th</sup> to Lower Peover.

If you are interested in these, the weekend and/or the weekday walks please sign the lists at the meetings or contact Marjorie Brown on or Lorna Hough. It is a great way to spend an afternoon or day at the weekend.

**PUB QUIZ GROUP** We have a number of members who enjoy the weekly pub quiz on Thursdays at the 'Puss in Boots', Nangreave Road. In February the team have come consistently close to the top and have beaten close rivals 'The Corner Crew' It is always an enjoyable evening with no pressure on anyone. If you would like to join in please speak to Trish H. It doesn't matter if you can't manage every week, everyone is welcome.

**SUGGESTION BOX** Thank you to those ladies who put in suggestions at the January meeting. The Committee will consider these and share with members as appropriate. The suggestion box is situated on the front table and is for members who have ideas for activities that they would like to help to provide, or any other suggestions they would like to put forward.

#### **CINEMA/THEATRE GROUP: REVIEW**

*A Taste of Honey* 3/2/16 Stockport Garrick Theatre, 'Two attended. Everyone with more sense stayed at home. Poorly acted. A public information programme demonstrating the evils of drink would have been a more interesting storyline. They say gin is a mother's ruin. - A handout of gin world have improved the performance!'

We have a very busy Cinema/Theatre group and sometimes have to book tickets very quickly and a long time in advance. To avoid disappointment, if you wish to be included and receive information about what's being

planned then please e-mail Alia to add your name to the cinema/theatre group list.

**ALREADY BOOKED** Tickets are being distributed for Breakfast at Tiffany's on the 14/04/16. The new musical on the early life of Tom Jones TOM is also booked at The Lowry Theatre on the 26/5/16 and Mamma Mia, at The Palace Theatre, 12/05/16 Please collect your tickets at the next meeting.

**COMING SOON** NTL Hangmen 3/3/16 Didsbury The Madness of King George 22<sup>nd</sup> April at Altrincham Garrick, Two into One 10<sup>th</sup> May also at Altrincham Garrick.

Further details available on the website. Please let Alia know if you are interested in going to any of these by email, [abea@hotmail.co.uk](mailto:abea@hotmail.co.uk), or at the next members' meeting by signing the relevant sheet.

**CENTENARY** Our Centenary photobook went to Chester to be included in an exhibition at WI House. 4 of us went to



see the exhibition on the final day and brought it back have it on display at our meetings. Our photobook cost £40 but we have been asked to try to source a cheaper one for members to buy. If you are interested let one of the committee know. If you would like copies of any photos let us know. Photos of other group's exhibits can be seen on the slides at the February meeting.

**TEA AND TENT'S 2016** Great Moor & District managed to secure 11 tickets for this event which was amazing seeing as how they sold out in 7 minutes.



**SPRING PAL MEETING** We hope to send our new PAL (Public Affairs Liaison) to Chester for the Spring meeting where the topic is "In a Pickle". It will be a hands on workshop run by Dr Natalie Fey from The University of Bristol School of Chemistry - exploring the chemical reactions and processes that are used to preserve food. We await feedback to us at our March meeting. Chris Taylor and Jane Wedderburn have agreed to share this role.

**NORTH EAST CHESHIRE GROUP (NECG)** You will have received the first trial newsletter for the NECG giving details of some of the activities that are coming up. This will be a monthly Newsletter where we will try to include information of what the groups have been up to and future events. If any of you have ideas for outings or speakers that

may be more affordable if we organize as a group activity - do please let us know. We hope many of you will come and support us at the Spring Meeting— see Toni for tickets.

**SPRING MEETING** The Spring Meeting will be held at Woodford on the 13<sup>th</sup> April 2016. Graham Walton will be talking about his life with 7 women. There will be a competition for the best 'New Baby' card. Your card should be brought along to the March meeting when we will ask our speaker to choose one that we will enter at the Spring Meeting.

## CHESHIRE FEDERATION OF WI'S (CFWI) UPCOMING ACTIVITIES/EVENTS/NEWS



The CFWI have a number of activities/events over the next few months that may be of interest to members.

**COUNTY TEAM BOWLS TOURNAMENT 2016** We are invited to enter a Bowls team for the County Tournament. The final will be played at Lostock Club, Northwich on Monday 12<sup>th</sup> September 2016. If any of you play and are interested in forming a team please see Trish H.

**THINK FIT** This is a fun day taking place at Byley Village Hall on Saturday 23<sup>rd</sup> April 2016 10:00am to 3:30pm. Tickets cost £8 which includes tea, coffee and biscuits. There is an opportunity to play 'Kurling', try Tai Chi and Pilates and Latin Dance (based on aerobics) If you would like to go you are asked to take your own packed lunch, mat and towel. Please see Trish H if interested.

**CHESHIRE COUNTY DAY AT DENMAN** Cheshire have let us know that it is still possible to join the weekend at Denman July 22- 24. There are plenty of courses to choose from if you are interested contact WI House for details.

**WITEA DIGITAL LEARNING CHAMPION SESSIONS** These are being held at WI House (14/4/16 10:00 – 12 noon) and Libraries across Cheshire. The closest to us is Macclesfield Library on 28<sup>th</sup> May 10am to 12 noon. The session is free of charge and is to help you help others to get online and gain basic digital skills. To book a place you should email: giving your name contact details and which course you are interested in. [info@cheshirewi.org.uk](mailto:info@cheshirewi.org.uk)

**CFWI RESOLUTION MEETINGS 2016** Two meetings will be held 7:30 – 9:30 on 13/4/16 in Congleton and 2pm – 4pm on the 14<sup>th</sup> at WI House to learn more about the topics chosen for this year's NFWI Resolutions. All members are

welcome, refreshments will be available. Please sign the list if interested

**HOME & GARDEN DAY TRIP** Friday 13<sup>th</sup> May 10:30 – 2:00 visit the British Iron Works Centre, Shropshire for coffee/croissants/tour and visit Oswestry in the afternoon departing 4:30. Nearest pick up point is Knutsford, Tickets are £15. Please sign the list if interested.

**NATIONAL FEDERATION OF WI (NFWI)** The NFWI Newsletter is included with our monthly mailing. There are several competitions you may be interested in: The 'Hanging BRAsket' for those of you with green fingers (entries in by August) and 'Something New from Something Old – Your Jumper Needs You' (entries in by the end of March) for those clever crafty members. Check the NFWI website for further details.

**STOCKPORT WITHOUT ABUSE (SWA)** if you have any ideas regarding fundraising for Stockport Without Abuse please see our charity coordinator committee member Lorna Hough. We will have a collection bag for any toiletries or items of clothing that you may like to bring in. We will ensure they get to the charity. Remember your small change as this will also go towards our donation to the charity.



**STOCKPORT FOODBANK** We continue to collect much needed donations for Stockport's Food bank. Why not ask your family, friends, neighbours, work colleagues, community groups etc. to help donate!!! Thank you.

**TWIDDLE MITTS** Quite a few members have made Twiddle Mitt which we have been asked to knit to help dementia sufferers. Vera will supply a pattern and also a pattern for hats for the homeless. Please see her if you would like to help with these or the other knitted items for Stepping Hill Hospital and Wythenshawe Hospital, or the breast drain bags for Macclesfield Hospital.

**BIRTHDAY WISHES** Janice Hemsall celebrates her birthday on the 25<sup>th</sup> February and Alice Hutchinson celebrates hers on the 3<sup>rd</sup> March, Anne Smith on the 11<sup>th</sup> and Liz Fetherston on the 20<sup>th</sup>. Ladies, have a wonderful birthday on your special day.

If you would like to be included in our birthday wishes please put your birth date and month on the birthday list at the next meeting.

**WEBSITE** You can find our Great Moor and District WI at: - [www.greatmooranddistrictwi.org.uk](http://www.greatmooranddistrictwi.org.uk) You will find details of most current, future and past activities. Please let us know if you would like to add or change anything.

**NEXT MEETING** The next members' meeting is on Tuesday February 23<sup>rd</sup> at Hazel Grove Civic Hall. Our speaker is from Buxton Mountain Rescue.

Please can we remind members they must sign in so that we know who is present. This is required for safety reasons in case we should need to evacuate the building.

**HOSTESS ROTA** Our February hostesses are Celia Cooper, Carol Muter, Imelda Jenkins and Nicole. Please can the hostesses liaise to bring 4 pints of milk and tea towels. (Any costs will be reimbursed by Trisha on production of a receipt).

**RAFFLE** If you have anything at home that you think would make the perfect raffle prize please bring it along to the meeting and Mary P will be delighted to receive them. Many thanks.

**TRADE TABLE/BOOK STALL** We will of course be having our normal book stall, so please bring along books you would like to donate. Prices for books will be 50p for paperbacks and £1.00 for hardbacks. The loose change collection box will always be available for donations.

**ADVERTISE HERE! £1 PER ADVERT**

#### ADVERTISEMENTS

If you would like to place an advertisement in our newsletter, or on our notice board please either e-mail your advert to [greatmooranddistrictwi.org.uk](mailto:greatmooranddistrictwi.org.uk) or take to the meeting and give to a committee member. The cost is £1.00 a month for each advert, for each use, whether on newsletter or notice board